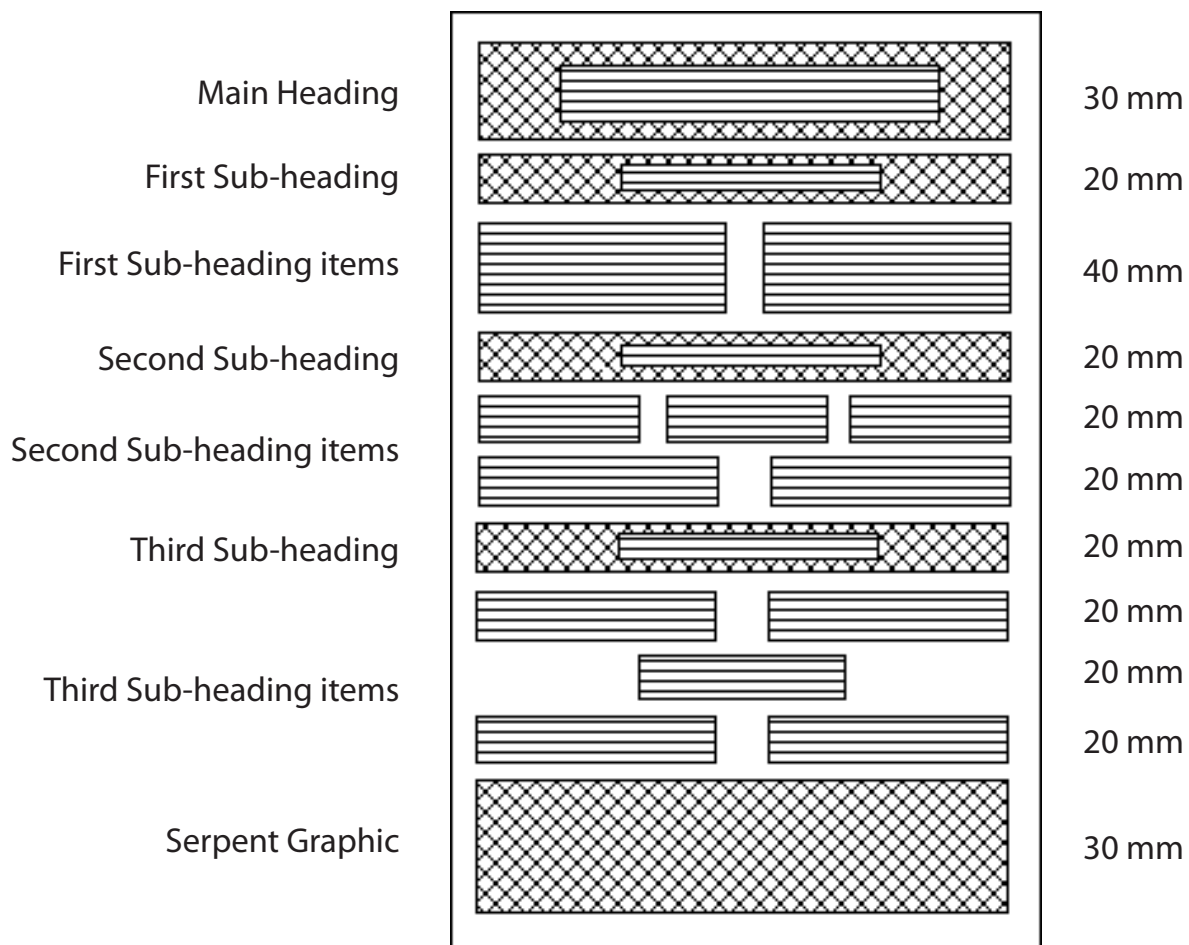# Creating Menus Using Frames

Many hotels or restaurants like to change their menus weekly, or even daily. By using a Desktop Publishing program to create the menu, the process is made much easier. The menu that you will produce for a seafood restaurant is shown on the next page. Frames will be used to place the menu items. By doing this, if the restaurant needed to alter a menu item, just the content would need to be updated, not the layout.

The thumbnail sketch for the menu is:

Main Heading		30 mm
First Sub-heading		20 mm
First Sub-heading items		40 mm
Second Sub-heading		20 mm
Second Sub-heading items		20 mm
		20 mm
Third Sub-heading		20 mm
		20 mm
Third Sub-heading items		20 mm
		20 mm
Serpent Graphic		30 mm

SERPENT'S CELLAR

Appetisers

Seafood and Avocado Cocktail $5.25
Avocado overflowing with deep sea scallops and green prawns.

Sardines in a Crust $5.95
Deliciously crisp served with lemon wedges

Calamari $7.80
Deep Pried to perfection with zesty Italian sauce.

Oysters Rockefeller $8.30
Half a dozen oysters topped with traditional spinach sauce.

Crab In Parsley Crepes $6.75
Lightly curries and generously filled.

Mushroom Mousse $4.30
Gently pureed with walnuts and lemon.

Salads and Soups

Roman Salad $3.00
A blend of romaine lettuce, seasoned croutons, anchovies, eggs and grated parmesan

Crunchy Spinach Salad $2.55
Fresh young spinach leaves topped with avocado and black olives.

Seafood Salad $10.50
A light and easy meal of prawns, crab, scallops and your favourite dressing. Ideally served with white wine.

Onion Soup with Beef and Cheese $2.65
Our own version of French onion soup topped with a generous sprinkling of grated parmesan.

Fishmonger's Special $2.95
Clam chowder served light yet creamy with added piquancy of white wine.
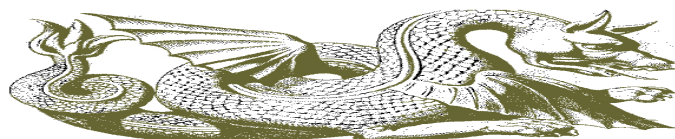
Seafood Specialties

Trout of the Jura $11.50
Whole trout poached in a jura rose. Ideally served with a fine red wine.

Prawns on a Golden Base $13.75
Green prawns sauteed in ginger, garlic and lemon juice served on a bed of pawpaw.

Scallops With Mushrooms $11.65
Sauteed in butter, garlic and parsley, served in a pair of coquille shells. Ideally served with the house white wine.

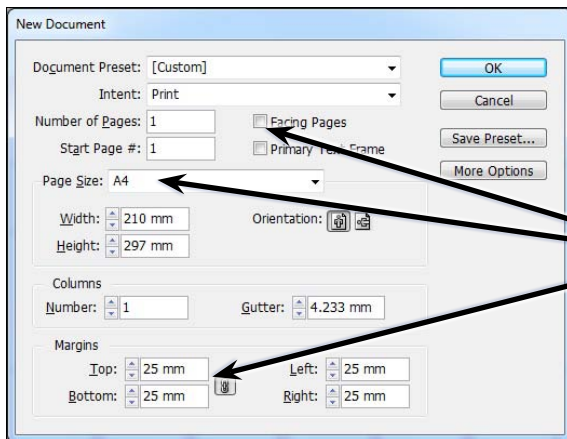**Lobster With Herb Butter $19.45**
Whole lobster baked in butter and fresh herbs and served with a squeeze of lemon

Gratin of Fish of the Day with Sauces $9.55
Fillets gently broiled and served with a combination of béchamel and fresh tomato sauce.

Starting a New Publication

1   Load Adobe InDesign or close the current document.

2   Display the FILE menu and select NEW - DOCUMENT or select DOCUMENT in the CREATE NEW section of the WELCOME SCREEN.

3   In the NEW DOCUMENT dialogue box set the PAPER SIZE box to A4, turn off FACING PAGES and set the MARGINS to 25 mm.
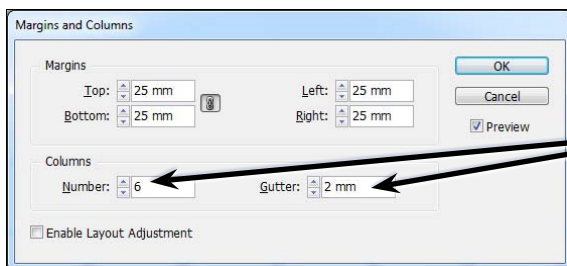
4   Select OK and the InDesign work page should be displayed.

Laying out the Page

For this publication we can use a six column page with a 2 mm gap between the column guides. This is a more efficient method than setting six vertical ruler guides. A series of horizontal ruler guides will then be set.

A   Inserting the Column Guides

1   Display the LAYOUT menu and select MARGINS AND COLUMNS.

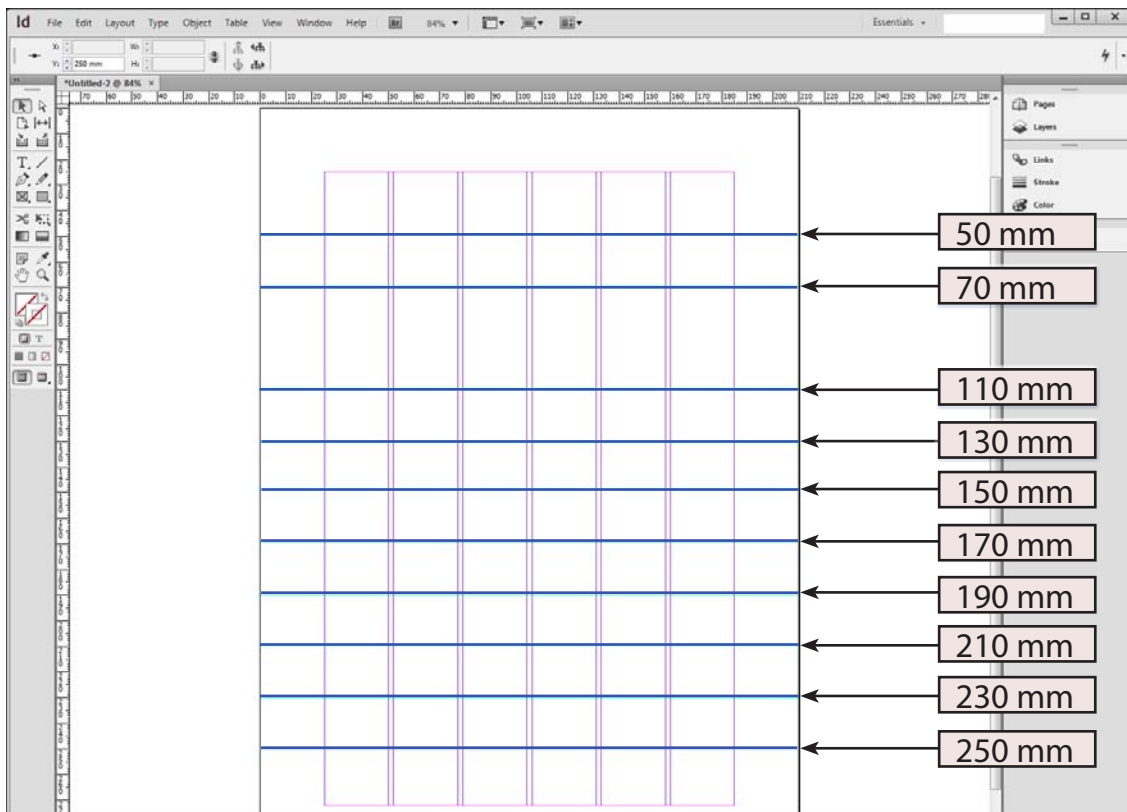
2   Enter 6 in the NUMBER OF COLUMNS box and set the GUTTER (or SPACE BETWEEN COLUMNS) box at 2 mm.

3   Select OK and the column guides should be placed on the page.

B   Setting the Ruler Guides

A series of ten HORIZONTAL RULER GUIDES can be set to show you how to complete this more complex page structure.

1   Drag HORIZONTAL RULER GUIDES in line with the following measurements in the left Ruler: 50 mm, 70 mm, 110 mm, 130 mm, 150 mm, 170 mm, 190 mm, 210 mm, 230 mm and 250 mm.
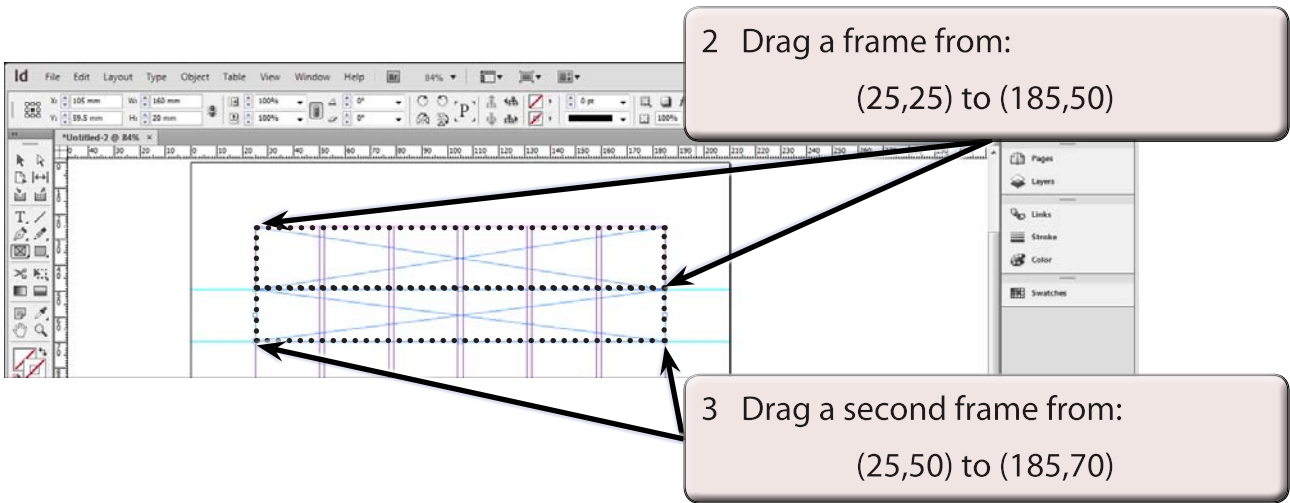

Setting the Frames

A large number of frames will need to placed between the Ruler and Column guides on the page to create the structure of the page.

A   The Headings

1   Click on the RECTANGLE FRAME TOOL in the TOOLS panel.

2 Drag a frame from:

    (25,25) to (185,50)

3 Drag a second frame from:

    (25,50) to (185,70)

B   The Appetiser Items

Two frames will be required for the Appetiser items. Each of these frames will be three columns wide.

1 Drag a frame from (25,70) to (104,110).

2 Drag a second frame from (106,70) to (185,110).